Stopover for two

Private Spa - L'interdit whole day 730 CHF for two people

One hour in the private spa suite, 50 min Relaxing or Swedish massage, unrestricted access to the Wellness facilities, set lunch in our Restaurant (drinks not included)

Scandinavian Escapade 90 min - 330 CHF for two people Sauna, Swedish massage δ infusion

To be Two 105 min - 410 CHF for two people Hammam, Aromatic massage with essential oils δ infusion

La vie en Rose 90min - 380 CHF for two people Rose petal bath, Relaxing or Swedish massage, glass of champagne

Stopover for one

One day by Givenchy whole day 460 CHF for one person

50 min Hydra-Sparkling or Givenchyman facial, 60 min Relaxing or Swedish massage, 25 min hydrating wrap or foot reflexology, unrestricted access to the

Wellness facilities, set lunch in our Restaurant (drinks not included)

Tonic Stopover IIO min - 295 CHF

Body scrub, Sport Massage, infusion

Gleaming Beauty 120 min - 275 CHF

Hydra-Sparkling facial treatment, make-up, Nail polish

Frangipani Flower 75 min - 255 CHF

Free access to our Wellness facilities, Lomi-Lomi Massage, infusion

Spa Access

Wellness Center facilities Daily fee at 140 CHF per person 50% reduction on the access fee when booking a treatment (Minimum 45 min)

One entire day in our Day Spa Suite (between 10.30 and 18.30) 1'200 CHF One hour of relaxation 280 CHF- 2 hours 500 CHF- 3 hours 660 CHF

Other beauty treatments

We also propose hand and foot care, eyelash δ eyebrow dyeing as well as a wide range of hair removal and make-up sessions.

Contact & Reservations

For more information, do not hesistate to contact us by dialing 770 from your room or +41 21 925 17 70, or by email: spa@mirador.ch

You will find the detailed list of our treatments on www.mirador.ch All our treatments can be pre-booked on our website.

Any cancellation has to be done at least 24 hours in advance, otherwise the appointment will be fully charged.

Opening hours

Givenchy Spa: from IO.OO to 20.OO (Monday to Saturday) and from 10.00 to 19.00 (Sunday) Swimming Pool δ Fitness: every day from 6.30 to 22.00

Children are welcome at the swimming pool, every day until 18.00, and Wednesdays and Sundays all day long.

Le Mirador Resort δ Spa Ch. de l'Hôtel Mirador 5 1801 Le Mont-Pèlerin Switzerland

M: spa@mirador.ch T: +41 91 995 17 70 www.mirador.ch



Facials

Le Soin Noir - Beauty Renewal 60 min - 230 CHF

The « concentrated black energy from vital algeae », gives the skin a plumper appearance and leaves your face smoother and firmer.

Smile n'Repair 60 min - 210 CHF

A revolutionary anti-ageing collection for those wishing to continue expressing their emotions without fear of the effects of age.

Radically No Surgetics Facial 80 min - 255 CHF

This treatment takes its inspiration from plastic surgery techniques that counter skin slackening, loss of luminosity and wrinkles.

Preparatory Treatment 50 min - 230 CHF

This is a sublime oxygenating and purifying ritual including blackhead removal. The purpose of this treatment is to oxygenate and revitalize the epidermis.

Hydra-Sparkling Facial 25 min - IIO CHF or 50 min - I65 CHF

Hydra-Sparkling light hydration combines efficiency and pleasure. Its unique effect leaves the skin feeling deeply hydrated and intensely bright.

Givenchyman Facial - Men's Facial 25 min - IIO CHF or 50 min - I65 CHF

This skin treatment was specially created for men as protection against the stress of city life and climat change and to combat signs of ageing.

Massages

Oriental-Occidental Fusion Massage 75 min - 215 CHF

This treatment takes its inspiration from Thai, Shiatsu and Swedish massages. It gives a feeling of lasting well-being and works on the suppleness of the body by imparting energy and vitality.

Lomi-Lomi Massage 75 min - 215 CHF

Drawing its inspiration from traditional Hawaiian massage, this treatment has been reinvented by Givenchy to release energy, stimulate circulation and induce deep relaxation.

Aromatherapy Massage with Essential Oils 75 min - 215 CHF

To enchant the body, mind and senses. Under the combined effect of massage and essential oils, the body feels marvelously calm.

Canyon Love Stone Therapy Massag 75 min - 23OCHF

It combines the gentleness of stones gathered in the rivers of the American Midwest with Givenchy detox oil, in order to balance your energy and produce a magical, relaxed sensation.

Ylang-Ylang 4 Hands Massage 60 min - 230 CHF

Feel the liberation in your spirit thanks to this marvelous ballet of four hands with the subtle fragrance of ylang-ylang, a perfumed flower with multiple virtues.

Bamboo Massage 60 min - 190 CHF

Carried out with the help of bamboos and a special oils, this massage activates your circulation to relax tension and eliminate accumulation toxins.

Sport Massage 60 min - 190 CHF

This is a stimulating energy massage combining the techniques of rubbing, pressing and stretching to calm and relax aching muscles.

Slimming Massage 60 min - 180 CHF

A massage to combat plumpness, skin slackening, and act on the resilience of your skin.

Lymphatic Drainage 60 min - 180 CHF

Gentle and slow, this drainage aims to enhance and active circulation of lymph and promote the elimination of toxins. It is ideal for cellulite and the sensation of heavy legs.

Mother-to-be-Massage 60 min - 180 CHF

Recommended only after the fourth month of pregnancy, this prenatal massage takes account of contra-indications, enhances circulation, easing headaches and joint pain.

Swedish Massage 60 min - 160 CHF

This is a typical European massage with long movements over surface muscles to relax and ease away tension.

Relaxing Massage 60 min - 160 CHF

This massage brings deep relaxation using a special Givenchy cream or oil.

Relaxing Hot Candle Massage 60 min - 160 CHF

This massage brings deep relaxation carried out with hot candle wax.

Foot Reflexology 25 min - 100 CHF ou 45 min - 145 CHF

This treatment enhances energy circulation through a series of massage applications to pressure points, each corresponding to parts of the body.

Back-Neck-Shoulder Massage 25 min - 100 CHF

This massage will be personalized by our therapists to focus and relieve your tensions.

Body Treatments

Givenchy Exclusive IIO min - 290 CHF

Complete care in 3 steps: Hydro-massage bath with specific Givenchy oils, body peeling and intense hydrating wrap.

Body Scrub 50 min - 130 CHF

The peeling frees the skin of impurities, while exfoliating cream is used to impart hydration and gentleness.

Specific Givenchy Oil Bath 25 min - 100 CHF

This takes place in a hydro-massage bath. It eases muscle pain, stimulates drainage and eliminates toxins.

No Complex Body Treatment 50 min - 165 CHF

Unique treatment to firm tissues, drain retained water and combat cellulite.

Back Skin Care Treatment 50 min - 165 CHF

This treatment is ideal for regaining a purified, hydrated and cleansed back.

Herbal Wrap 50 min - 145 CHF

The body is swathed in towels soaked in an infusion of eleven aromatic herbs selected for their relaxing, astringent, stimulating and regenerative powers.

Slimming Wrap 50 min - 145 CHF

This "anti-plumpness" treatment acts on the ravages of skin padding and produces firmness at the same time.

Hydrating Body Wrap 25 min - 100 CHF

After being soothed by a hydro jet massage, the body is covered in Givenchy hydration cream for a deeply softened skin.