

The image features a glass dropper in the upper left corner, with a single drop of liquid falling. The Alpeor logo is positioned in the upper left, consisting of the word 'ALPEOR' in a large, elegant, serif font with a registered trademark symbol, and 'SWITZERLAND' in a smaller, simpler font below it. The background is a soft, light blue gradient. In the lower half, a woman with blonde hair is depicted in a white, ethereal, flowing dress, appearing to be part of a large, glowing white flower with green buds. The overall aesthetic is clean, minimalist, and evokes a sense of natural beauty and precision.

ALPEOR[®]
SWITZERLAND

LE MIRADOR SPA BY ALPEOR

THE BEAUTY "MADE IN SWITZERLAND"

Step into the covert realm of Alpeor, where the boundless magic of alpine plants meets the exacting precision of bio-technology in a secret and confidential universe.

SIGNATURE TREATMENTS BY ALPEOR

PREMIUM ULTITUDE®

Premium anti-aging facial care, meticulously crafted to intensely correct wrinkles, pigmentation spots, and loss of firmness, ensuring a comprehensive rejuvenation for your skin.

90 min

MASSAGE BETWEEN PEAKS AND MOUNTAINS®

Immerse yourself in our signature treatment, promising a profoundly relaxing experience with its enveloping and soothing movements.

60 min

90 min





FACIAL TREATMENTS BY ALPEOR

PURE HARMONY®

60 min

A purifying and rebalancing treatment where the skin is deeply cleansed, purified and refreshed.

RICH MOUNTAINS®

60 min

A moisturizing and nourishing treatment that leaves skin perfectly hydrated, plumped and radiant.

NEW SKIN®

60 min

Radiance care for a flawless, unified, luminous skin tone.

FOR MEN

60 min

Facial care specially adapted to men's skin.

ETERNAL SNOW®

90 min

Restructuring treatment designed to visibly diminish the initial signs of aging, unveiling a revitalized and rejuvenated appearance.

MASSAGES AND BODY TREATMENTS BY ALPEOR

WARMTH AND LIGHT MASSAGE

60 min

Indulge in a genuine moment of relaxation with the soothing embrace of warmth and gentle glow of a scented candle.

MEADOWS CRYSTALS SCRUB

45 min

Revitalize your skin with an exfoliation treatment, unveiling firmness and a youthful radiance for a rejuvenated complexion.

FROST JELLY WRAP

45 min

Experience a rejuvenating treatment designed to alleviate water retention, providing a refreshing and invigorating sensation with its cooling effect, leaving your legs feeling revitalized and light while promoting enhanced circulation.





MIRADOR MESSAGES

RELAXING MASSAGE

Let go for total moment of well-being.

60 min

90 min

SWEDISH MASSAGE

Toning massage for muscle relaxation.

60 min

90 min

THE LOMI-LOMI

Treatment employing the forearms, meticulously crafted to dissipate tension and foster a harmonious connection between body and mind.

60 min

90 min

LYMPHATIC DRAINAGE

Through a gentle and slow massage, lymphatic circulation is gently stimulated, facilitating the body's detoxification process and imparting a sense of well-being and lightness.

60 min

90 min

REFLEXOLOGY

Embrace an ancient therapy that targets pressure points beneath the arch of the foot, skillfully alleviating tension throughout the body.

60 min

MOTHER-TO-BE

Indulge in a tailored and comprehensive massage, thoughtfully designed to cater to the desires and specific needs of every pregnant woman, ensuring both deep physical and psychological relaxation, starting from the 4th month of pregnancy.

60 min

PARENT / CHILD OSMOSIS

Savor a tranquil child/parent massage, fostering a moment of connection and well-being for both, creating a shared experience of warmth and harmony.

30 min





ALPEOR PACKAGES

THE MAGICAL WORLD OF ALPEOR

- 30-minutes back massage of your choice with candle, jelly or Alparôme
- 30-minutes discovery facial treatment
- Wellness access from 10am to 10pm
- Healthy lunch (main course + one non-alcoholic drink)

A DAY BY ALPEOR

- Prairies Crystal Scrub 30 min
- Between peaks and mountains massage® 60 min
- Rich Mountains facial treatment® 60 min
- 3-courses menu (excluding drinks)
- Wellness access from 10am to 10pm
- Alpeor travel set included

MIRADOR PACKAGES

SOLO

SUBLIME BODY

120 min

- 30 min scrub
- 30-min personalized body wrap
- A 60-min massage or facial treatment of your choice
- Wellness access from 10am to 10pm
- 10% discount on all Alpeor products

ANTI-JET LAG TREATMENT

150 min

Rehydrate your skin with a moisturizing facial treatment and unwind with a soothing heavy-leg massage—perfect for rejuvenation after a lengthy journey.



DUO

“TO BE TWO”

105 min

- 45 min relaxation in the Private Day Spa Suite
- Two relaxing 60-minutes side-by-side massages
- Wellness access from 10am to 10pm

“LA VIE EN ROSE”

120 min

- One hour of relaxation in the Private Day Spa Suite
- Two 60-minutes side-by-side Mirador massages
- One glass of champagne per person
- Rose petals
- Wellness access from 10am to 10pm

GROUP PACKAGES

LADIES ONLY

- A 60-minute relaxing massage
- A glass of champagne and mignardises
- Wellness access from 10am to 10pm
- Available for a minimum of 4 people

BRUNCH & SWIM

Elevate your Sunday with the Brunch & Swim offer, relishing a delectable Sunday brunch followed by an afternoon at the pool and wellness area starting from 2 pm.

LUNCH & SWIM

Escape the ordinary for a timeless day with a delightful lunch followed by serene moments by the pool and in our wellness area. This exclusive offer is valid from Monday to Friday.





DAY SPA SUITE

Our splendid **Day Spa Suite** (80 m²) features a double massage cabin, hammam, sauna and private Jacuzzi for private moments from 1 to 10 people.

60 min

120 min

PACKAGE RESULTS

SLIMMING PROGRAM

5 Silhouette Slimming massages of 30 min by Alpeor, a complimentary Firming & Toning Body Cream for optimal results.

LIGHTWEIGHT LEGS PROGRAM

Experience the Lightweight Legs Program with five 30-minutes draining treatments to reduce water retention, boost blood and lymph circulation and receive a complimentary Body Peeling for exfoliation and smoothing.

EXPERT PREMIUM PROGRAM

5 Premium altitude® firming treatments for the face, boosting cell regeneration to combat skin aging, complemented by an Anti-Aging Cure - Cellular Perfector to be applied at home for optimum results.

PERSONALIZED SUBLIMATION PROGRAM

Indulge in 10 massages or 60-minute facials tailored to your preferences, complemented by inclusive spa access for a comprehensive relaxation experience.



BEAUTY SALON AND WAXING

BEAUTY SALON

ESTHETIC MANICURE	60 min
FEET BEAUTY	60 min
NAIL POLISH APPLICATION	20 min
EYEBROW TINTING	15 min
EYELASH TINTING	15 min
EYELASH & EYEBROW TINTING	30 min

WAXING

HALF LEGS	30 min
FULL LEGS	45 min
BIKINI	15 min
FULL BIKINI	35 min
UNDERARM	15 min
UPPER LIP	15 min
EYEBROWS	15 min
FACE	45 min
ARMS	30 min
FULL BACK	45 min
TORSO	30 min

Access

All spa treatments are available to outside guests. Free parking.

Opening hours

Mirador Spa by Alpeor is open daily from 10am to 7pm.

Appointment booking

Seek guidance from our Spa experts for personalized treatment recommendations tailored to your needs. Conveniently located on level 4 of Le Mirador Resort & Spa, we recommend booking in advance for guaranteed availability. Contact us at +41 (0)21 925 17 70 or via email at spa@mirador.ch.

Arrival at the Spa

To fully enjoy the facilities and ensure punctuality, we recommend arriving at least 30 minutes before your scheduled appointment. Please note that any delay may result in a proportional reduction of your treatment time.

Personal information

Kindly share any health concerns you may have during your reservation, as you will be requested to complete a medical form. This information enables us to customize your experience to cater to your specific needs and ensure your well-being.

Age requirements

While children under 16 are welcome at the Spa, their access is limited to the pool area, and they must be accompanied by an adult. Please note that certain treatments are not recommended for minors.

Gift vouchers

Transform our services into memorable gifts with our available gift vouchers. For further details, feel free to reach out to our dedicated staff.

Cancellation

To reschedule or cancel a Spa appointment, we kindly request a 24-hour notice. Failure to do so may result in being charged the full price for any unused services that were booked. Thank you for your understanding.

Lost or damaged items

Mirador Spa by Alpeor offers a checkroom and provides linen for guests' use. Please note that the management cannot be held responsible for any loss or damage to personal items during your stay at the Spa.



